

4-H Updates

March 13th, 2019

4-H Personnel Updates

- Welcome to Jane Brumley, Interim Lake Cumberland 4-H Center director. Jane has been working at the Center for several years (you may have seen her at the front desk) and is excited to take this position. She's already working on several initiatives for improving the Center.
- We would also like to welcome Nichole Simpson to the Lake Cumberland 4-H Center in the role of food service manager. Nichole is a transplant to Kentucky from California and has an extensive background in management and food services. We are excited to welcome her!

4-H International Exchange Program

We are currently recruiting families for our month-long (summer) and year-long (AYP) international exchange programs. Your help in sharing this information with others is appreciated.

4-H/FFA Field Day

The 2019 4-H/FFA Field day will be April 18. 4-H is taking a greater role in coordinating this event and has added several additional activities/contests in line with our programming. We ask agents to promote this event and encourage 4-H members to come, take part in the contests, and learn more about UK. It is strongly encouraged for 4-H members to wear 4-H clothing while attending.

4-H Teen Conference

4-H Teen Conference application information will be available soon. We are excited to continue to expand and improve this program. If you have need more information, please contact Rachel Noble.

Social Media Analytics

Facebook	4723 Likes 35064 28 Days Total Reach 94 Increase in Likes from Previous Month
Twitter	1791 Followers 9 Mentions 6126 Tweet Impressions 16 Tweets
Instagram	901 Followers 218 Posts (to date)

CEDIK UPDATE

March 13th, 2019

- **Youth Listening Sessions – Promise Zone Counties** – Mercedes Maness, CEDIK Extension Associate, will be working with 4-H agents in District 2 to schedule and facilitate youth listening sessions on behalf of Kentucky Highlands Investment Corporation. These sessions will be compared to content gathered 5 years ago to begin revitalization work in the Promise Zone.
- **CEDIK Monthly newsletter** – Sarah Bowker continues to send out the CEDIK monthly newsletter to agents (through CES listserv) and partners to highlight upcoming trainings and opportunities in leadership and community economic development. If there are community partners that could benefit from the newsletter, visit the CEDIK website and enter their contact info to sign up: <https://cedik.ca.uky.edu/>
- **FCS Strategic Plan** – We began the process last week with the FCS advisory council prior to the statewide extension council. Additional meetings will be scheduled with agents and specialists as we progress through the process.
- **Appalachian Health Care Scholarships** - CEDIK is administering scholarships where funding has been provided by the New York Community Trust, to Appalachian students seeking education in health or a health-related field. Because of the shortage of health care providers in the Appalachian region, along with the expected retirement of many physicians and an aging population that demands more health care, the need to educate and then retain young health care professionals is a real priority. Scholarships are allocated for full-time students with a maximum award of \$2,500 per semester. Part-time students are eligible to apply for partial scholarships. Students must be from an ARC defined Appalachian county to be eligible. **Scholarship is for one year and cannot be renewed. Application located here:** <https://cedik.ca.uky.edu/app-health-scholarship>
- **Agent training** – please send recommendations for agent trainings that are needed to help with community and economic development or leadership to Melody Nall, Engagement Director at CEDIK: melody.nall@uky.edu. This will assist with our planning for the next year.

Upcoming Agent Training: **Approaches to Resolving Conflict**

TRAINING ID: **10005285**

TRAINING DATE(S): 4/10/2019

LOCATION: Warren County Extension Office, 3132 Nashville Rd, Bowling Green, KY 42101

TIME(S): 9 am Central Time 4 pm Central Time

DESCRIPTION: This workshop equips participants with the tools and processes that reduce un-necessary conflict in the workplace and in the community. It also provides effective ways and practice in addressing existing conflicts. The workshop progresses from understanding self (your hot buttons) to addressing interpersonal conflict and touches on the role of conflict in building stronger communities. *** Please bring a check for \$15 for catered lunch. Make checks payable to University of Kentucky (with memo "lunch ext workshop").

AUDIENCE: All Extension Agents

CONTACT: Dan Kahl 859-257- 2542 daniel.kahl@uky.edu Or Ron Hustedde 859-257-3186 rhusted@uky.edu

