

FCS Administrative Staff Report
March 4, 2020

2020 FCS Annual Report — The 2020 FCS Annual Report is now available. Each county will be receiving 100 copies of the Annual Report to share with leaders and stakeholders, and to use as a marketing/promotion piece. The Annual Report is designed with a pocket folder inside. Each county will also be receiving 100 copies of your personalized Building Strong Families profile. As a reminder the BSF are more of a county level annual report pulled from program indicators reported within KERS.

FCS Agent Training Opportunities

Parenting A Second Time Around (PASTA) -- This will be a facilitator training for professional working with grandparent/caregiver relatives. PASTA is an eight week workshop series which covers the topics of child development, discipline & guidance, caring for yourself as a caregiver, rebuilding a family, living with teens, legal issues, and advocacy. The workshops can be taught as a stand-alone lesson or as part of the series. Participants will receive the facilitator's manual with handouts, supplementary materials, and evaluation tools. Cost: \$40
March 23th - 24th: Princeton Education and Research Center,
<https://kers.ca.uky.edu/core/reporting/training/5790>

March 26th - 27th: Scott County Extension Office,
<https://kers.ca.uky.edu/core/reporting/training/5791>

April KEHA/FCS In-service training--April FCS training will be held April 21st – 23rd at the Owensboro Convention Center in conjunction with KEHA. **Similar to last year, the training sessions for FCS agents will be integrated into the KEHA State Meeting schedule and will be open to KEHA leaders as well.** The goal is for agents to be a part of the KEHA meeting but also earn in-service credit. The sessions will be geared so that everyone can learn the same message and perhaps help them in their advising role. The in-service trainings will be noted on the KEHA agenda and posted in KERS.

Food Preservation Trainings (NEP) - Agents will receive hands on training on water bath canning, pressure canning, dehydration and freezing. This training is available to FCS agents and NEP Senior Assistants. Registration available in KERS.

Dates	County
April 28 th -30 th	Barren
April 28 th -30 th	Shelby
May 5 th -7 th	Laurel
May 19 th -21 st	Magoffin
May 19 th -21 st	McCracken
May 19 th -21 st	Clark

Recovering Your Finances - Individuals in recovery from substance use are particularly susceptible to relapse during early stages of recovery. This increased risk is due, in part, to financial stress. The “Recovering Your Finances” curriculum is an eight-unit workshop series designed to build financial capability for those in recovery. Topics include money style, budgeting, credit, credit reports, priorities, banking, earnings, and savings. This objective-based and interactive curriculum includes materials for both the instructor and participant. Through this initiative, FCS Extension staff is working toward improving the efficacy of substance use recovery programs and improving the financial education of participants. The intention is that this proposed project will result in a more employable workforce, a stronger rural economy, and an improved quality of life for all residents. There is no cost to attend this training, which also will be open to anyone working with the substance use community. The current trainings are part of the RCIDI grant award. Additionally trainings will be made available in Central and Western Kentucky in the fall.

June 9th – Bourbon County Extension Office, <https://kers.ca.uky.edu/core/reporting/training/6012>

June 23rd – Boyd County Extension Office, <https://kers.ca.uky.edu/core/reporting/training/6013>

June 30th – Clay County Extension Office, <https://kers.ca.uky.edu/core/reporting/training/6014>

Positive Employability -- Research conducted by Harvard University, the Carnegie Foundation, and Stanford Research Center indicates 85% of job success comes from having well-developed soft and people skills, and only 15% of job success comes from technical skills and knowledge (hard skills). Employers are often prepared to teach technical job skills; however, the intangible skills of being a team player, time management, and positive attitude are difficult to teach on-site but critical to success. The “Positive Employability” program will equip agents with personal skill sets and resources to partner and deliver workforce “soft skills” development programs with local schools, Industrial Development Authorities, Chambers of Commerce, local businesses and other workforce development initiative agencies. The program will provide three curriculum sets delivering objective-based learning through interactive learning activities, including Ten Soft Skills for Success, Business and Communication Strategies, and Creating a Positive Business Image through Business Etiquette. The Positive Employability program will allow individuals to develop key skills to enhance employment earnings and upward mobility leading to enhanced financial security. Cost: \$45

July 15th and 16th, 2020 – Warren County Extension Office
<https://kers.ca.uky.edu/core/reporting/training/5947>

February Training Week – Thank you to all that attended the 2020 FCS February training week! Mark your calendars, FCS February Training Week will be the week of February 15th, 2021.

Plan of Work Materials

We are in process of preparing materials to support the POW process. New programmatic indicators have been submitted to Program and Staff Development. We will be providing sample POW templates and an updated Trends presentation by April 1st. Additionally, we have a

POW study hall/work session at KEHA for agents that may want to walk through the POW materials.

Kentucky Extension Homemakers Association

The Kentucky Extension Homemakers Association Board will meet March 9-10, 2020 at the Owensboro Convention Center. The KEHA State Meeting will take place April 21-23 at the same location. The KEHA newsletter with registration details is available at www.keha.org and members have received mailed copies. The marquee events will be the opening banquet Tuesday, April 21 at 6:00 p.m. CDT featuring local author and humorist Bob Park; the general session Wednesday, April 22 at 7:00 p.m. CDT featuring the KEHA Choir and Angel Welsh, a local radio host; and the awards luncheon Thursday, April 23 at 11:30 a.m. CDT featuring KEHA award presentations. The annual business meeting will be April 22 at 10:00 a.m. CDT. KEHA will elect a new state 1st vice president; treasurer; environment; housing & energy chair; food, nutrition & health chair; leadership development chair; and marketing & publicity chair. Please encourage agents to attend, to participate in sessions eligible for in-service credit, and to support their leaders participating in the state meeting. Kim Henken will provide agents with a draft risk management plan to adapt with county-specific details.

Statewide KEHA membership based upon dues remittance in December is 13,455. A report detailing membership per county will be posted to the KEHA website in mid-March.

Mini-Grant Opportunity (All Program Areas)

Family and Consumer Sciences Extension is currently accepting proposals for projects and activities that support multi-disciplinary programming, in addition to FCS Extension. **All faculty and staff within CAFE are eligible to apply for the mini-grant opportunity, with emphasis placed on county programs.** Proposals should focus/incorporate at least one of the following areas:

- Making Healthy Lifestyle Choices
- Nurturing Families
- Embracing Life as You Age
- Securing Financial Stability
- Promoting Healthy Homes and Communities
- Accessing Nutritious Food
- Empowering Community Leaders
- Substance Use Prevention and Recovery

If applicable, all applicants must have committed and started working on SNAP-Ed match hours for FY2019.

Applicants must provide a start date and end date for project activities and describe their intended outcomes. Grant recipients are required to submit a final report describing the actual outcomes of their project, impact on Extension programming, and a success story based on their

project.

The application has a rolling deadline and will be accepted through May 15th (or until allocated funds are exhausted). All awarded funds must be spent no later than June 15th. All receipts and other required documentation must be submitted no later than June 22nd. Receipts not received by June 22nd, will not be reimbursed.

Information/application: https://hes.ca.uky.edu/files/hes_minigrant_packet_final.pdf

If you have questions regarding the mini-grant opportunity feel free to contact Jennifer Hunter, jhunter@uky.edu, or Whitney Rogers, Whitney.G.Rogers@uky.edu.