

FCS Administrative Report  
November 6, 2019

## FCS Agent Training Opportunities

**Strategic Planning**, November 20th – FCS Extension is currently working to develop a new strategic plan and we need your help! Please join us for a pre-conference day to the KEAFCS annual meeting. The FCS State Staff has spent a considerable amount of time this summer reviewing the initiatives, community needs assessment data, and current trends—now, we need you to help us put all the pieces together and frame the future of FCS Extension work. In addition to strategic planning, we have share sessions planned with the Extension Specialists/Associates. Our goal is for you to also leave with tools to help prepare you for the Plan of Work process!

Hyatt Regency Lexington, <https://kers.ca.uky.edu/core/reporting/training/5773>

*Stories, Songs, and Stretches: Creating Playful Storytimes with Yoga and Movement*

**Stories, Songs, and Stretches**, January 21st - 22nd -- Back by popular demand, we will offer the Stories, Songs, and Stretches training at the Hardin County Extension Office. The training will start 9:30 am and end at 5:00 pm each day. *Stories, Songs, and Stretches!*® is a curriculum dedicated to enhancing early learning through embodied play. The program intentionally weaves together books, songs, mindfulness, and yoga-inspired movement to create joyful play experiences that engage the whole child – body, heart, and mind. The training will provide the skills and resources needed to be able to create these play experiences in your communities, building the physical literacy, social-emotional, and early literacy skills of the families you serve. The approach is grounded in intentionally, drawing from research and best practices in early childhood development, mental health, and physical education. **This will be a last call for the Stories, Songs, and Stretches training, we do not anticipate offering the training again in the near future.** Maximum 30 participants, currently posted in KERS. Cost: \$40. All participants will receive a Stories, Songs, and Stretches starter-kit to implement the program in your county.

Hardin County Extension Office, <https://kers.ca.uky.edu/core/reporting/training/77>

**FCS Agent Training Week, February 17th - 21st** -- FCS agent training week will be held the week of February 17th. To hopefully make travel easier and to allow for more hands-on activities, we will offer three locations in 2020, Ashland, Bardstown, and Hopkinsville. We are in the process of finalizing the training schedule; **the tentative schedule is attached.** As part of February training week, we are offering the Mental Health First Aid Certification as either a pre- or post- training at each location. The MHFA-Adult certification will be open to all programmatic areas. If you have already completed the MHFA training at the district level, there would be no need to attend this session. The dates of the MHFA trainings are also noted below. Cost \$30/day

**Parenting A Second Time Around (PASTA)** -- This will be a facilitator training for professional working with grandparent/caregiver relatives. PASTA is an eight week workshop series which covers the topics of child development, discipline & guidance, caring for yourself as a caregiver, rebuilding a family, living with teens, legal issues, and advocacy. The workshops can be taught as a stand-alone lesson or as part of the series. Participants will receive the facilitator's manual with handouts, supplementary materials, and evaluation tools. Cost: \$40  
March 23th - 24th: Princeton Education and Research Center,  
<https://kers.ca.uky.edu/core/reporting/training/5790>

March 26th - 27th: Scott County Extension Office,  
<https://kers.ca.uky.edu/core/reporting/training/5791>

***April KEHA/FCS In-service training***--April FCS training will be held April 21<sup>st</sup> – 23<sup>rd</sup> at the Owensboro Convention Center in conjunction with KEHA. **Similar to last year, the training sessions for FCS agents will be integrated into the KEHA State Meeting schedule and will be open to KEHA leaders as well.** The goal is for agents to be a part of the KEHA meeting but also earn in-service credit. The sessions will be geared so that everyone can learn the same message and perhaps help them in their advising role. If you have suggestions of trainings that you think we be beneficial for agents and KEHA leaders to attend to together, please send topic ideas to Jennifer Hunter, [jhunter@uky.edu](mailto:jhunter@uky.edu).

**Positive Employability** -- Research conducted by Harvard University, the Carnegie Foundation, and Stanford Research Center indicates 85% of job success comes from having well-developed soft and people skills, and only 15% of job success comes from technical skills and knowledge (hard skills). Employers are often prepared to teach technical job skills; however, the intangible skills of being a team player, time management, and positive attitude are difficult to teach on-site but critical to success. The “Positive Employability” program will equip agents with personal skill sets and resources to partner and deliver workforce “soft skills” development programs with local schools, Industrial Development Authorities, Chambers of Commerce, local businesses and other workforce development initiative agencies. The program will provide three curriculum sets delivering objective-based learning through interactive learning activities, including Ten Soft Skills for Success, Business and Communication Strategies, and Creating a Positive Business Image through Business Etiquette. The Positive Employability program will allow individuals to develop key skills to enhance employment earnings and upward mobility leading to enhanced financial security. Cost: \$45

July 15th and 16th, 2020 – TBD, South Central KY

### **Nutrition Education Program**

The NEP Area Agents will be conducting the annual Civil Rights training during November staff in lieu of their monthly presentation. As a reminder this is required by the USDA that we complete on an annual basis.

## **Kentucky Extension Homemakers Association**

**KEHA Database:** Updates for the KEHA membership database are to be completed by January 15, 2020. The deadline is of upmost importance this year as the state newsletter will be mailed in early February. The database is accessible at <https://keha-app.ca.uky.edu/login>. Users will login with their LinkBlue ID and password. Full instructions for the system are available on the FCS Internal website. The demographic fields are optional, but counties are encouraged to add this data. This will provide an easy way for you to summarize Extension Homemaker data for your reporting, and will provide the capability to generate state reports for Civil Rights and Extension reporting. If you have any questions about the web application, contact Kim Henken or Brian Fitzpatrick.

**KEHA Dues Deadlines:** The KEHA state remittance form and dues are due to the state treasurer by December 15 and delinquent if not submitted by December 31. Mail to Harlene Welch, 1730 Pedro Pike, Cynthiana, KY 41031.

**2020-2021 KEHA Lesson List:** The list of state supported lessons for KEHA for 2020-2021 was emailed to agents November 1. Many of these lessons are featured in a KEHA Educational Chairman program of work. The list also includes lessons developed by state staff and agents. Please consider these lessons as you work with KEHA leaders on program planning for 2020-2021.

**2020 KEHA State Meeting:** Planning is underway for the 2020 KEHA State Meeting to be held April 21-23, 2020 at the Owensboro Convention Center. Lodging room blocks at the Hampton Inn and Holiday Inn, both located adjacent to the convention center, are now open for reservations. Detail are available at [www.keha.org](http://www.keha.org) in the State Meeting section of the website.

**2020 KEHA State Elections:** KEHA will be seeking nominees for six positions in the spring. Positions to be elected include 1st Vice President; Treasurer; Marketing & Publicity Chair; Environment, Housing & Energy Chair; Food, Nutrition & Health Chair; and Leadership Development Chair. Job descriptions for these positions are available on the KEHA website in the "State Board" section. Credentials will be due by March 21, 2020.

**Nominations Sought for Kentucky Master Farm Homemakers Guild:** The Kentucky Master Farm Homemakers Guild is dedicated to honoring farm women and promoting agriculture in Kentucky. The Guild is currently accepting membership nominations from all Extension districts. The County Information form and details regarding the new member selection process are available on the Master Farm Homemakers Guild web page (<http://keha.ca.uky.edu/content/master-farm-homemakers-guild>). County nominees should complete and submit the County Information form by November 15, 2019.

## **FCS Online Graduate Certificate**

It is time to register for Spring classes! One FCS courses will be offered this spring, FCS 610, Media Technology, Families, and Society.

FCS 610 - This course examines the complex, bi-directional relationship between media technology, families, and society. Students will explore modern day media influences and discern ways new technology has shaped and changed the landscape of family life, societal norms and practices, socio-economic structure, and access to information. Course content will emphasize competencies applicable to professional practice in education and outreach. Students will learn how to develop research- and evidence-based recommendations for individuals and families impacted by media-related issues.

### **FCS Program/Material Request Form**

In an effort to improve lines of communication and quick response to program requests, we have developed a FCS Program/Material Request Form. The Qualtrics form will come centrally into the main office and then distributed to the correct person to handle the request. The link is available at: [https://uky.az1.qualtrics.com/jfe/form/SV\\_2hKcF3L1n21lvT7](https://uky.az1.qualtrics.com/jfe/form/SV_2hKcF3L1n21lvT7). Please recognize this is a request for future programming efforts, such as the development of a KEHA leader lesson, it is not designed for quick response questions to specialists. Now is the time to make requests for fall programming!

# February

(FCS Training Week Schedule)

Ashland  
Bardstown  
Hopkinsville

2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
	17	18	19	20	21	22
9 am – noon EST	<b>Policy, Systems &amp; Environment</b>	<b>Recipes for Life</b>	<b>Dehydrator</b>	Mental Health First Aid		
1:00 – 4:00 pm EST	<b>Kitchen Tricks</b>	<b>Knife Skills</b>	Mental Health First Aid			
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23	24	25	26	27	28	29