

FCS Updates

March 13th, 2019

Welcome to Kelly May

Kelly May joined the FCS Extension Team on March 4th, as a Senior Extension Associate for Family Finance and Resource Management. Kelly will be supporting the family finance program, serving as KEHA state advisor for the Management and Safety Educational Chairman, and supporting a USDA Rural Development project to design and implement a financial curriculum for use in substance use recovery centers. Kelly comes to us with over a decade of experience with the Kentucky Department of Financial Institutions.

New Curriculum – “Positive Employability: Preparing for Financial Success”

The “Positive Employability” program will equip agents with personal skill sets and resources to partner and deliver workforce “soft skills” development programs with local schools, Industrial Development Authorities, Chambers of Commerce, local businesses and other workforce development initiative agencies. The program will provide curriculum materials delivering objective based learning through interactive learning activities, including Ten Soft Skills You Need, Business and Communication Strategies, and Creating a Positive Business Image through Business Etiquette. The Positive Employability program will allow individuals to develop key skills to enhance employment earnings and upward mobility leading to enhanced financial security.

July Training

TRAINING ID: **10005343**
TRAINING DATE(S): 7/11/2019 - 7/12/2019
LOCATION: Boyd County Extension Office, Ashland, KY
TIME(S): Day 1: 10:00 am to 4:30 pm EST
Day 2: 8:30 am to 3:30 pm EST

October Training

TRAINING ID: **10005344**
TRAINING DATE(S): 10/16/2019 - 10/17/2019
LOCATION: McCracken County Extension Office, Paducah, KY
TIME(S): Day 1: 10:00 am to 4:30 pm CST
Day 2: 8:30 am to 3:30 pm CST

- *In addition to registering in KERS, please mail a \$45.00 registration fee to Jan Childers, Family and Consumer Sciences Extension, 246 Scovell Hall, Lexington, KY 40506.*
- For questions regarding the training, please reach out to Mindy McCulley.

Patricia Brantley Todd Awards of Excellence

- Nominations are now open
- FCS Agents are eligible for the extension outreach award

- <https://hes.ca.uky.edu/content/patricia-brantley-todd-awards-of-excellence>. Nominators must complete the online form and upload both a 2-page nomination statement and vitae or resume for the nominee
- Nominations MUST BE submitted by March 15, 2019
- Award recipients will be announced at the annual HES Awards Ceremony to be held April 26th, 2019
- Please feel free to contact Kim Henken, kim.henken@uky.edu, with any questions.

Mental Health First Aid Certification

- Mental Health First Aid teaches about recovery and resiliency – the belief that individuals experiencing these challenges can and do get better, and use their strengths to stay well. Topics covered include depression, mood disorders, anxiety, suicide, trauma, psychosis, substance use and ALGEE action plan.
- Upcoming District Trainings:
 - District 1 May 28-29, 2019 West Liberty
 - District 2 April 10-11, 2019 Manchester
 - District 3 August 28-29, 2019 Bedford
 - District 4 May 22-23, 2019 Lexington
 - **District 5 August 12-13, 2019** **Campbellsville**
 - District 6 TBD
 - District 7 July 30-31, 2019 Eddyville
- Please check KERS for additional registration instructions.

KEHA State Meeting

- May 14 – 16, 2019 @ Crowne Plaza in Louisville
- Registration details are at www.keha.org
- 2020 meeting will be April 21-23, 2020 at the Owensboro Convention Center and the 2021 meeting is tentatively scheduled for April 27-29 at the Holiday Inn University Plaza and Sloan Convention Center in Bowling Green
- If you are covering Homemakers, you can be added to the listserv anytime by contacting Kim Henken

Mini-Grant Opportunity (All Program Areas)

- The application has a rolling deadline and will be accepted through **May 15th** (or until allocated funds are exhausted). All awarded funds must be spent no later than June 15th. All receipts and other required documentation must be submitted no later than June 22nd. Receipts not received by June 22nd, will not be reimbursed.
- Applicants must provide a start date and end date for project activities and describe their intended outcomes. Grant recipients are required to submit a final report describing the actual outcomes of their project, impact on Extension programming, and a success story based on their project.
- Information/application: https://hes.ca.uky.edu/files/hes_minigrant_packet_final.pdf
- If applicable, all applicants must have committed and began working on SNAP-Ed match hours for FY2019.
- If you have questions regarding the mini-grant opportunity feel free to contact Jennifer Hunter, jhunter@uky.edu, or Whitney Rogers, Whitney.G.Rogers@uky.edu.
- Proposals should focus/incorporate at least one of the following areas:
 - Making Healthy Lifestyle Choices
 - Promoting Healthy Homes & Communities
 - Nurturing Families
 - Accessing Nutritious Food
 - Embracing Life as You Age
 - Empowering Community Leaders
 - Securing Financial Stability
 - Substance Use Prevention & Recovery

CEDIK UPDATE

March 13th, 2019

- **Youth Listening Sessions – Promise Zone Counties** – Mercedes Maness, CEDIK Extension Associate, will be working with 4-H agents in District 2 to schedule and facilitate youth listening sessions on behalf of Kentucky Highlands Investment Corporation. These sessions will be compared to content gathered 5 years ago to begin revitalization work in the Promise Zone.
- **CEDIK Monthly newsletter** – Sarah Bowker continues to send out the CEDIK monthly newsletter to agents (through CES listserv) and partners to highlight upcoming trainings and opportunities in leadership and community economic development. If there are community partners that could benefit from the newsletter, visit the CEDIK website and enter their contact info to sign up: <https://cedik.ca.uky.edu/>
- **FCS Strategic Plan** – We began the process last week with the FCS advisory council prior to the statewide extension council. Additional meetings will be scheduled with agents and specialists as we progress through the process.
- **Appalachian Health Care Scholarships** - CEDIK is administering scholarships where funding has been provided by the New York Community Trust, to Appalachian students seeking education in health or a health-related field. Because of the shortage of health care providers in the Appalachian region, along with the expected retirement of many physicians and an aging population that demands more health care, the need to educate and then retain young health care professionals is a real priority. Scholarships are allocated for full-time students with a maximum award of \$2,500 per semester. Part-time students are eligible to apply for partial scholarships. Students must be from an ARC defined Appalachian county to be eligible. **Scholarship is for one year and cannot be renewed. Application located here:** <https://cedik.ca.uky.edu/app-health-scholarship>
- **Agent training – please send recommendations for agent trainings that are needed to help with community and economic development or leadership to Melody Nall, Engagement Director at CEDIK:** melody.nall@uky.edu. **This will assist with our planning for the next year.**

Upcoming Agent Training: **Approaches to Resolving Conflict**

TRAINING ID: **10005285**

TRAINING DATE(S): 4/10/2019

LOCATION: Warren County Extension Office, 3132 Nashville Rd, Bowling Green, KY 42101

TIME(S): 9 am Central Time 4 pm Central Time

DESCRIPTION: This workshop equips participants with the tools and processes that reduce un-necessary conflict in the workplace and in the community. It also provides effective ways and practice in addressing existing conflicts. The workshop progresses from understanding self (your hot buttons) to addressing interpersonal conflict and touches on the role of conflict in building stronger communities. *** Please bring a check for \$15 for catered lunch. Make checks payable to University of Kentucky (with memo "lunch ext workshop").

AUDIENCE: All Extension Agents

CONTACT: Dan Kahl 859-257- 2542 daniel.kahl@uky.edu Or Ron Hustedde 859-257-3186
rhusted@uky.edu